

Nutrition Facts

38 servings per container

Serving size 1 ounce (28g)

Amount Per Serving

Calories 170

% Daily Value*

Total Fat 15g 19%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 95mg 4%

Total Carbohydrate 6g 2%

Dietary Fiber 3g 11%

Total Sugars 1g

Includes 0g Added Sugars 0%

Protein 6g

Vitamin D 0mcg 0%

Calcium 70mg 6%

Iron 1mg 6%

Potassium 200mg 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: ALMONDS (ALMONDS, PEANUT AND/OR SUNFLOWER OIL, SALT).

CONTAINS ALMONDS.

MAY CONTAIN PEANUTS AND OTHER TREE NUTS

Serving size: 1 ounce = ¼ cup



