

Serving size: 3 cups



P.O. BOX 3534, DEPT. A2  
CHICAGO, IL 60654



**INGREDIENTS:** POPPING CORN, PALM OIL, SALT, LESS THAN 2% OF: COLOR ADDED (ANNATTO), NATURAL FLAVOR (INCLUDING MILK), TBHQ AND CITRIC ACID (FOR FRESHNESS). **CONTAINS: MILK. GLUTEN FREE**

Leading Brand Butter (35g serving) - 12g fat, 170 calories. Act II Light Butter (42g serving) - 3.5g fat, 140 calories.

Nutrition Facts	Per serving		Per 1 cup popped		Per serving		Per 1 cup popped		
		% DV*		% DV*		% DV*		% DV*	
<b>Total Fat</b>	3.5g	4%	0g	0%	<b>Sodium</b>	420mg	18%	35mg	2%
Saturated Fat	1g	5%	0g	0%	<b>Total Carb.</b>	28g	10%	4g	1%
Trans Fat	0g		0g		Dietary Fiber	4g	14%	less than 1g	3%
Polyunsat. Fat	1g		0g		Total Sugars	0g		0g	
Monounsat. Fat	1g		0g		Incl. Added Sugars	0g	0%	0g	0%
<b>Cholesterol</b>	0mg	0%	0mg	0%	<b>Protein</b>	4g		0g	
Vitamin D	0mcg	0%	0mcg	0%	Iron	1mg	6%	0mg	0%
Calcium	0mg	0%	0mg	0%	Potassium	0mg	0%	0mg	0%

about 2 servings per container  
Serving size 3 tbsp (42g) unpopped (makes about 6.5 cups popped)

**Calories**  
**140** per serving    **15** per 1 cup popped

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

