18th Annual
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2022

## **EXPO GUIDE**

Saturday, April 30th, 2022 Washington Park 10 AM - 5 PM

## **We Must Save Us!**









www.ClosingtheHealthGap.org #WEMUSTSAVEUS

## A Message from Health Gap CEO Renee Mahaffey Harris

"We Must Save Us" is the theme of the 2022 18th Annual Health Expo. Our vision at Closing the Health Gap is to create culture of health for all. We work every day to close the gap on health disparities through engaging, empowering, and advocating for our community. This year's Annual Health Expo features free health screenings, a black women's health experience, fitness, and cooking demonstrations. We are eager to share how individuals can take control of their health!

Factors such as race, socioeconomic status, and gender greatly influence your health, and those around you. These factors have been further impacted by the Covid-19 pandemic and it is more important than ever for us to take control over our own health outcomes – We Must Save Us. The Health Expo provides access to health resources that will activate lifestyle changes necessary to improve the health outcomes for our community.

I want to thank our sponsors, exhibitors, partners, and the community as we work to empower each other to move the needle on health disparities. Please follow us on our social platforms and use the hashtag #WEMUSTSAVEUS as you enjoy the Health Expo.

Sincerely,

Renee Mahaffey Harris, President & CEO The Health Gap

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President, Strategic Medical Associates, LLC Principal Investigator, National Medical Association's Project IMPACT

## **Expo Map of Booths, Food, and Activities**



## **Health Expo Map Key**

#### Main Stage Area

	Radio One
1	Talbert House
58	Hamilty County Jobs and Family Services
2	Shana's Sweet Treats Food Booth
3	Center for Closing the Health Gap
4	Molina
5	Center for Closing the Health Gap
6	Center for Closing the Health Gap
7	US Bank
8	US Bank
9	Fifth Third Bank
10	Eastern Personnel Services
11	NCNW: National Council of Negro Women
12	African American Chamber of Commerce
13	Greater Cincinnati Urban League
14	WiProsper
15	Classy Chic
16	ArdyssLife All Natural Health
17	Lama Herbal Solutions
18	Belli Jelli
19	Kitabu
20	Lucid Serenity Design
21	All American Gutter Protection
22	Siagi Luxury Shea Butter
23	YMCA of Greater Cincinnati- Pre & Post Natal Programs
24	I Hear Music
25	Cincinnati Children's Comprehensive Sickle Cell Center
26	CareSource
27	Pause
28	HealthTree Foundation
29	CommuniCare Advantage
30	Down Syndrome Association of Greater Cincinnati
31	Cincinnati NAACP
32	Forever Kings
33	Greater Cincinnati Chapter National Action Network
34	Community Action Agency
35	American Cancer Society
36	Greater Cincinnati African American Heart Association
37	Our Tribe
38	Queens Village
39	LifeCenter Organ Donor Network
40	Greater Cincinnati Water Works
41	Interact for Health
42	Interact for Health
44	Cincinnati Recreation Commission
45	The Candace Bates State Farm Agency
117	The Cincinnati Herald

#### Children's Pavilion

115

13	Children's Registration: AKA Phi Psi Omega
97	Cincinnati Police Department - Youth Services
98	Cincinnati Police Department - Youth Services
99	Head Start
100	Act Early Ohio
101	May We Help
102	Butterfly Support Services
103	On Her Shoulders Community Arts & Education Experience
104	Bootsy Collins Foundation
105	BYOC Camps & Clubs
106	Beech Acres Parenting Center
107	ReGeneration Schools- Bond Hill
108	Cincinnati Museum Center
109	Cincinnati Chess Club
111	Hamilton County Job & Family Services
112	Erica Easley Foundation
113	Greater Cincinnati Urban League
114	"CCHMC: Health Screenings, Services & Education:
	<ul> <li>Audiology, vision, speech, and language screenings</li> <li>Breast Feeding Education</li> <li>Social Services Education &amp; Awareness</li> <li>Health Vine Education &amp; Awareness</li> <li>Imagination Library: Supply books for interactive activities. Reading to Children</li> <li>Community Relations: Give-away table</li> <li>Clown &amp; Face Painting</li> </ul>

Children's Registration: AKA Phi Psi Omega

#### Interact for Health Movin' & Groovin' Pavilion

46 & 48	Movin & Groovin: Various presenters
49	The Council on Aging
50	Orange Theory Fitness

#### **Health Screening Area**

43	Health Screening Registration AKA Sigma Omega
51	Registration AKA Sigma Omega
52	Health/ wellness survey - Kenwood Rehabilitation
53	"Ask the Doctor" with Cincinnati Medical Association
54	Cincinnati Health Department: Primary Care
55	Cincinnati Health Department Behavioral Therapist and Other Educational Services
56	Blood Glucose Screening: Mercy Health
57	Blood Pressure Screening: Cincinnati Health Department
59	Blood Pressure Screening: Cincinnati Health Department
60	Blood Pressure Screening: Oak Street Health
61	Blood Pressure Screening: Tri Health
62	BMI Screening: Tri Health
63	BMI Screening: Black Nurses Association
64	BMI Screening: Cincinnati State
65	African American Ambassadors for Excellence in Advanced Practice Nursing (AAEAPN)
67	Waist Circumference Screening: Cincinnati State
69	Vision Screening: The Cincinnati Eye Institute Foundation
70	Vision Screening: CABVI: Cincinnati Association for the Blind & Visually Impaired
71	Q & A Kay & Co Health & Wellness
72	Dedicated Senior Medical Center
73	Freestore Food Bank
74	In Your Own Words Station with Easley Blessed Media
76	Mental Health: A Crystal Mind
77	Organ Donation Awareness: Life Center
78 & 79	UC Health
	Lung Cancer Screening
	Throat/Neck Cancer Screening
	Blood Pressure Screening
	Waist Circumference Screening Fire Prevention
	Fall Risk Assessment
	Stop the Bleed
	Women's Services
80	Cancer Support Community
81	Cincinnati Cancer Advisors
82	Chris Collinsworth ProScan Fund
83	Oral Health Education: UC Dental Hygiene
84	Arterial Peripheral Disease Prevention: American Endovascular & PAD 360
87	Chiropractor: Health Quest of Cincinnati
88	Chiropractor: Garden City Chiropractic
90	On-demand urgent care: Dispatch Health
91	Blood Pressure Screening: UC Nursing
92	Blood Pressure Screening: Cincinnati State
93	A Sound Mind Counseling
94	Blood Pressure Screening: Christ Hospital Health Network
95	Health Screening Registration AKA Sigma Omega
95	Health Screening Registration AKA Sigma Omega
116	Kroger: Nutrition Counseling
SCPA	

#### SCPA

National Kidney Foundation "KEEP Healthy" &Cincinnati (OH) Chapter of The Links, Incorporated: Kidney Screenings UC Health: Prostate Screening Caracole: HIV/AIDS Dr. Mussavian: Colon Screening Mercy Health: Cholesterol Screening



## **Main Stage Activities**

10:55am - Welcome w/ Don Juan

11:00am Special Presentation with Performance by 2nd Wind



Robert O'Neal Multicultural Art Center, Black Art Speaks and A.R.T.E, three Black-led art organizations that use the arts as their tool to make a change, promote social justice, and unify our city present an artistic tribute to the legendary Clark Sisters.



12pm - Ms. Black Teen Pageant

12:35 - Dj Arie

2:10pm - Papa Gora

2:45pm - Young Chee\$e

3:20pm - Tyshawn Colquitt

4:20pm - Jameeze

5:00pm - Ric Sexton

5:55pm - Closing Remarks

#### Movin' & Groovin'

### Sponsored by Interact for Health

11:00 AM StarLit Trap & Step Fitness, Star

11:30 AM Yoga and Meditation with Blu!

12:00 PM Xtreme Hip Hop, ShaRhonda

12:30 PM Curvy Cardio Stretch, Anisha

12:45 PM Curvy Cardio Workout, Morgan Owens

1:00 PM BBF Health and Forever Kings – Family Workout, Jordan Bankston

1:30 PM Throw Back Aerobics, Melanie Moon

2:00 PM Body Revamped Fitness, Tosha Hill

2:30 PM Dance Fitness, Redefined Studios Markesha Blackman

3:00 PM Zumba, Ms. Patricia Dorsey

3:30 PM Line Dancing, Metro Cincinnati Dance Association, Jenise Brassell

4:00 PM Fitness Evoltion by Fit Me,

Mykia Eubanks

## INTERACT FOR HEALTH



# Bi3 Black Women's Health Experience

12:00 - Annie Ruth Community Health Moderated By Kyla Woods

1:00 - PAUSE Erika Gray Physical Health Moderated By Kyla Woods

1:30 - Julie Gallatin Physical Health Moderated By Kyla Woods

2:00 - Dr. Shantel Thomas Mental Health Moderated By Tropikana

3:00 - Tracey Brooks Economic Health Moderated By Tropikana





### **2022 Health Screenings**

## **Adult Health Screenings**

#### **Washington Park**

Blood Glucose
Blood Pressure
BMI
Waist Circumference
Lung Cancer
Throat & Neck Cancer
Fall Risk Assessment
Behavioral Therapist
Vision
Arterial Peripheral Disease

#### **SCPA**

Cholesterol Colon Prostate Kidney Screening HIV/AIDS Support

#### **Mobile Screenings**

UC Health Mammography Van - 12th Street Mercy Health Mammography Van - Elm Street ODH Adult Covid-19 Vaccine-Van - SCPA Lot

# W Health



# SCPA Health Screenings

#### **Mercy Health**

**Cholesterol Screening** 

#### **UC Health**

**Prostate Screening** 

#### Dr. Moussavian

Colon Screening

#### **National Kidney Foundation**

**Kidney Screening** 

#### Caracole

HIV/AIDS Support

## Win a Gift card!

Complete 3 or more FREE
Health screenings and turn in
your completed health
screening form to enter a raffle
to win a \$100 Gift Card

## Children's pavilion

#### Children's Health Screenings

Screenings provided by Cincinnati Children's Hospital Medical Center

Hearing testing
Vision Screening
Speech Screening
Children's Covid-19 Vaccine

Be sure to visit the Children's Pavilion for fun activities, information and a chance to win prizes & goodies!

Breast Feeding Education
Social Services Education & Awareness
Social Services Health Vine
Imagination Library
Community Relations Give-a-way table
Clown & Face Painting
And More!





# Visit Booths to Win Prizes!

Visit Booths in the Main Stage
Green space and get a
participate in a raffle as you get
health information and find out
what the exhibitors have to
offer.

# You Could win:

A \$100 Gift Card

## ORGAN DONATION ACROSS RACE & ETHNICTY

#### KIDNEY DISEASE

- · 33% of all American adults are at risk for kidney disease
- · Black/African Americans are 3-4 times more likely to progress to kidney failure compared to White Americans
- Hispanics/Latinos are 1.3 times more likely to progress to kidney failure compared to White Americans

#### WAITING LIST

- . 30,400 (29%) people on the national transplant waiting ust are Black/African A. erican
- · About 21,900 people on the national transplant waiting list are Hispanic/Latino
- . More than 9,600 people on the national transplant waiting list are Asian/Pacific Islander

#### RECIPIENTS IN 2020

- · 2,300 Asian/Pacific Islander organ transplant recipients
- · 6.500 Hispanic/Latino organ transplant recipients
- · 8,400 Black/African American organ transplant recipients

#### DONORS IN 2020

- · 356 deceased and 261 living Asian/Pacific Islander donors
- 1,982 deceased and 390 living Black/African American donors
- 1.845 deceased and 831 living Hispanic/Latino donors

For more information on organ, eye and tissue donation, please contact LifeCenter Organ Donor Network at (513) 558-5555 or check out our website at www.lifepassiton.org



DONNA JONES BAKER Heart and Kidney Recipient



PASTOR WILLIAM CURRY Waiting for a Kidney







#### WHAT IS CKD

About 37 million American adults have chronic kidney disease (CKD) and most don't even know it. CKD includes conditions that damage your kidneys. The word "chronic" refers to the gradual, but lasting, loss of kidney function over time. Healthy kidneys remove the waste that your body naturally produces out of your blood. With unhealthy kidneys, you are unable to filter waste and excess fluid from your blood as well as you should.

CKD is not the same as kidney failure. CKD refers to all five stages of kidney disease, from mild loss of kidney function at stage 1 to complete kidney failure at stage 5.



The stages of kidney disease is based on how well your kidneys are able to remove waste and excess fluid from your blood. In the early stages of kidney disease, many people don't have any symptoms.

## **SPECIAL THANKS**

Cincinnati Police Department Cincinnati Fire Department Cincinnati Health Department Annie Ruth - On Her Shoulders Community Arts & Education Experience Alpha Kappa Alpha, Phi Psi Omega Chapter Alpha Kappa Alpha, Sigma Omega Chapter Miss Black Teen **Bootsy Collins Foundation** Ohio Department of Health Color Nine Easley Blessed Media Omega Psi Phi Fraternity, Inc. **Beta lota Chapter** Cincinnati NAACP Cincinnati Medical Association Community Action Agency CQCA Delta Sigma Theta Sorority, Inc.

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Radio One

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