



IMMEDIATE RELEASE

Contact:
Lacey Roberts
gracemediamarketing@outlook.com
513-368-5788

Closing the Health Gap Announces 20th Annual Health Expo Empowering Cincinnati to Take Control of Health

Cincinnati, OH – The Center for Closing the Health Gap invites you to the 20th Annual Health Expo on Saturday, April 27, 2024 at Washington Park, from 10:00 a.m. to 5:00 p.m. for a day of FREE fun, fitness, and wellness. This milestone event is a testament to our ongoing commitment to addressing health disparities and empowering our community with an ongoing theme of “We Must Save Us.”

The Expo is designed to provide essential health resources in an environment that celebrates wellness and community spirit and will include:

- Health screenings focusing on critical health issues such as kidney disease, heart health, CPR training, blood pressure, vaccines and more
- The Movin’ and Groovin’ stage, featuring fitness classes like Zumba and cardio training
- Healthy food options from local food trucks, alongside sweet treats
- Fitness demonstrations led by Cincinnati's own fitness experts, including a class with Patti Collins
- Children’s Pavilion with activities and screenings
- The Black Women’s Health Experience, spotlighting important health discussions on economic, physical, and mental health
- ****NEW**** Black Men’s Health Experience promoting men's health featuring conversations with Dr. Oshan D. Gadsden, Psychology Chair at Hampton University and panel with Dr. Kniffley, Senior Associate Dean of DEI and UC Health Psychologist
- A musical tribute to Hip Hop and Music through the years with Cincinnati’s renowned DJs: DJ Arie, DJ Merkout, Lando Chapman, Tropicana, DJ Ty Lyles and DJ Nella D
- Spoken word performances by Siri Imani & Kyle Flemings, adding depth to the day's message.

"The 20th annual Tri-State Health Expo is for the entire family. From health screenings for adults and children, to fitness demos every 30 minutes, there is so much to do! Providing access to health screenings, the ability to ask doctors questions and even find a primary doctor are crucial elements to continue the "We Must Save Us" theme. To end the day, we have DJ performances taking us on a journey through the decades. The Health Expo is more than an

event; it's a movement to embrace wellness with joy and enthusiasm," says Renee Mahaffey Harris, President, and CEO of Closing the Health Gap.

Presenting Sponsors: CCHMC, UC, TCH, City of Cincinnati, Hamilton County, Kroger, Life Center, P&G/Vicks, Molina, Bi3, USB, Interact for Health, Humana, Mercy Health, CMA, CoA, FC, Black Art Speaks, Urban One, Local12, The Cincinnati Herald

The Health Expo is free and open to the public. For more information, visit: www.closingthehealthgap.org.

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