Resources For Cincinnati and Surrounding Areas

Advocacy:

Ohio Department of Education – Resource for parents and teachers about Ohio's education system: https://education.ohio.gov/

Breaking down ETRs and IEPs: Guiding families through the Special Education Journey: https://www.juliebilliartschool.org/the-latest/blog/2022/01/12/breaking-down-etrs-and-ieps-guiding-families-through-the-special-education-journey

Child HeLP through Cincinnati Children's

Phone: 513-636-0405

Email: adrienne.henize@cchmc.org

Website: https://www.cincinnatichildrens.org/service/c/child-help

Child HeLP is a partnership between Cincinnati Children's Primary Care centers and the Legal Aid Society of Greater Cincinnati. It addresses social and environmental risks that can impact the health and well-being of children and families.

Disability Rights Ohio- Provides educational information regarding disability information and legal aid for families to know their legal rights for their children that have disabilities.

On the website there are sections regarding: How to communicate to your child's school through letter writing, Frequently asked questions about special education, negotiation skills for parents: How to get the special education your child with disabilities needs

Phone number: 614-466-7264 or 1-800-282-9181

Website: https://www.disabilityrightsohio.org/who

Family Peer Support Specialist through National Alliance on Mental Illness (NAMI)

Provide families with support that have children with mental health concerns

Website: https://namiohio.org/about-us/

Publications:

Wrightslaw

Website: https://www.wrightslaw.com/store/aaieps.html

Peter and Pamela Wrigth are educational lawyers they have some resources that can be purchased that are easy to read and understand about educational law and rights:

Wrightslaw: All About IEPs

by Peter W. D. Wright, Esq., Pamela Darr Wright, MA MSW, and Sandra Webb O'Connor, M.Ed.

In this comprehensive, easy-to-read book, you will find clear, concise answers to over 200 frequently asked questions about IEPs. ISBN: 978-1-892320-20-9

Wrightslaw: Special Education Law, 3rd Edition by Peter W.D. Wright & Pamela Darr Wright

ISBN: 978-1-892320-17-9

Provides information about special education law that is easy to understand for parents, teachers, advocates, attorneys, related services providers, school psychologists, administrators, college professors, hearing officers, and employees of district and state departments of education.

MENTAL HEALTH/COUNSELING RESOURCES

MindPeace- School-based mental health, 5642 Hamilton Ave, Cincinnati, OH 45224, Phone Number: 513-803-0844

1N5- Focus on preventing suicide and breaking stigma of mental illness, 3975 Erie Ave. Cincinnati, OH 45208, Phone Number: 513-814-3007

Mack Psychology Group: Psychological Testing & Therapy, 7799 Joan Drive. West Chester, OH 45069, Phone Number: 513-204-5746

Lauren Elder. Ascent Psychological Services, 5725 Dragon Way, Suite, 318, Cincinnati, OH 45227, Phone number: 513-202-4298

Best Point Education and Behavioral Health, 5050 Madison Rd. Cincinnati, OH 45227, Phone number: 513-272-2800

Olympus Center at Best Point Education and Behavioral Health- provides diagnostic assessment: 5050 Madison Rd. Cincinnati, OH 45227, Phone number: 513-272-2800

Child and Adolescents Psychology Associates, 2 locations:

9200 Montgomery Rd. Unit 17 A, Building E. Montgomery, OH 45242, Phone number: 513-589-0900

7681 Tylers Place Blvd. Suite 2, West Chester, OH 45069, Phone number: 513-589-0900

Black Providers in the Surrounding Cincinnati Area

Dr, Adam Evan,1172 W. Galbraith Rd. Suite 102, Cincinnati, OH 45231, Phone number: 513-549-0724

Dr. Ritchie Hall, Psychworks Clinic, 4222 Hamilton Ave, Cincinnati, OH, Phone number: 513-549-0646

For a listing of Black Providers refer to: Cincinnati ABPSi: https://cincinnatiabpsi.com/local-clinician-directory-https://psychworksllc.com/referral-list

BIPOC Director from CEC for more options: http://www.cec-cincy.org/bipoc.mh-provider-directory

Early Childhood Intervention Organizations:

Help Me Grow for children 0-3-<u>https://www.helpmegrow.org/</u>

Provides early intervention for children ages zero to three that may require early intervention services. Home-based intervention is provided.

Child Find- https://www.helpmegrow.org/

Child Find is the process of locating, identifying and serving students with disabilities in Cincinnati Public Schools.

Websites Which Address Bullying:

Bullying Prevention 101: https://www.pacer.org/bullying/info/pdf/BP-101-adults.pdf Provides information for adults on bullying and prevention strategies

Notifying the School about Bullying: https://www.pacer.org/publications/bullypdf/BP-19.pdf

Parental Engagement in Schools

Tips: https://www.cdc.gov/healthyyouth/protective/pdf/parent engagement strategies.pdf
TikTok Trends/Vanderbilt: https://www.vumc.org/injuryprevention/tik-tok-dangerous-challenges-parents-be-watchful

APA's social media (How Social Media Affects Youth): https://www.apa.org/topics/social-media-internet/psychological-science-behind-youth-social-media.pdf

Social Media Benefits and Risks for Teens: https://www.apa.org/monitor/2023/09/protecting-teens-on-social-media

Talking about Sex with your Children: https://health.gov/myhealthfinder/healthy-living/sexual-health/talk-your-kids-about-sex-and-healthy-relationships

Suicide Prevention:

Suicide is the second case of death in black kids between the ages of 10-14 and the third cause of death in Black youth between the ages of 15-18.

Suicide Prevention Crisis Line- 988 (text, or call, or chat 988 Lifeline.org for 24 hours/7 days a week confidential support

Ohio Suicide Prevention Foundation- website: https://www.ohiospf.org/ includes: "The Suicide Prevention Plan for Ohio" which can be downloaded and has helpful information regarding addressing suicide prevention.