

# WE MUST SAVE US

Saturday, April 27, 2024 | 10 a.m.-5 p.m. Washington Park in Over the Rhine - Cincinnati, OH

# 2024 HEALTH EXPO

CELEBRATING 20 YEARS

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This year is our 20th Annual Health Expo at Washington Park! Since 2005, we've welcomed thousands of our neighbors to create a culture of health for themselves, their families and our entire community. At Closing the Health Gap, our team works every day to eliminate racial health disparities by engaging, empowering and advocating for people across Cincinnati.

Join us for free health screenings, fitness programs, cooking demonstrations, family entertainment, food and more! Special thanks to the sponsors, exhibitors, performers and partners who continue to make the Health Expo such a powerful way for all of us to take control of our own health and move the needle on disparities.

Sincerely, beneve Wahaffer Her

Renee Mahaffey Harris
President & CEO, Closing the Health Gap

**WE MUST SAVE US!** 

# **SCHEDULES**

# Movin' & Groovin' @ the Movin' & Groovin' Stage

Time	Activity	Organization and/or Point of Contact
11:00AM - 11:30 AM	Cardio Strength Training (Phyllis, Kathy and Lyla)	Weight of Faith
11:30 AM- 12:00 PM	Local Fitness Performance	
12:00 PM- 12:30 PM	Brain Fitness	Denise Holmes
12:30 PM- 1:00PM	Adult Fitness Class	Patti Collins
1:00 PM- 1:30 PM	Adult and Kids Tai and Kung Fu Demo	Martin Ware
1:30 PM- 2:00 PM	Flex Your Strength: You Only Need Consistent Energy	Yonce Daniels
2:00 PM- 2:30 PM	Glutes (Buttocks) Workout	Martasha Colvin
2:30 PM- 3:00 PM	Hoola Hoop	Pamela Carter
3:00 PM- 3:30 PM	Zumba	Patricia Dorsey
3:30 PM- 4:00 PM	Metro Cincinnati Dance Association	Jenise Brassell
4:00 PM - 4:30 PM	Local Fitness Performance	
4:30 PM - 5:00 PM	Local Fitness Performance	

## **Black Women's Health Movement Experience**

The Black Women's Health Movement Experience tent will be located adjacent to Washington Park's gazebo.

Panelist	Pillar/Subject	Time Scheduled
Tropikana	Moderator	12:00 – 2:00 pm
Dr. Angelica Hardee	Physical Health	12:15 – 12:45 pm
Dr. Odayme Quesada - Christ Hospital Women's Heart Center	Physical Health	1:00 – 1:30 pm
Michelle Graves	Economic Health	1:45 – 2:30 pm
Tropikana	Moderator	2:00 – 4:00 pm
Dr. Shantel Thomas	Mental Health	2:45 – 3:15 pm
Author Annie Ruth	Community Health	3:30 – 4:00 pm

### **Black Men's Health Experience**

The Black Men's Health Experience tent will be located adjacent to Washington Park's gazebo.

Panelist	Subject	Time Scheduled
Dr. Hall (overall), Dr. Quinton Moss (faith), Counselor Keith Vukasinovich (physical health), Counselor Whayne Herriford (occupational), and Lauren White (faith)	Black Men's Mental Health – panel discussion highlighting connections between mental health and social identities	12pm - 1pm
Dr. O'Shan Gadsden	Black Masculinity and Upcoming New Book: "Expanding the Vision of Black Masculinities: Psycho-Spiritual Healing for Black Men"	1:30pm - 2:30pm
Keith Vukasinovich	Physical Wellness Break – Exploring the Connection Between Physical and Mental Wellness	2:30pm - 3:00pm
Dr. Gadsden and Dr. Kniffley	Black Men's Mental Health – Black Masculinity and Trauma	3:00pm - 4:00 pm

# **Main Stage Entertainment**

DJ Arie & Spoken Word DJ Nella D & DJ Ty Lyles
DJ Merkout Siri Imani DJ Ty Lyles

# **SCREENINGS & MAP**

#### Screenings and **Activities Provided** by Cincinnati Children's Hospital Booths #113 & 114

#### Tent #1 (Education and Awareness services)

- Community Relations
- · HealthVine Patient Insurance Information
- · Talent Acquisition Career at Cincinnati Children's Hospital
- · Research Patient Research opportunities, EMERGE STUDY
- · Research Patient Research opportunities. CAGE Studies
- · Micheal Fisher Center - Equity Center information
- · First Ladies for Health Mental Health Day
- · General Pediatrics Services

#### Tent #2 (Free Screenings)

- · Occupational/Physical Therapy
- Vision Screenings
- Audiology ScreeningsSpeech And Language Screenings
- · Sickel Cell Knowledge
- Breast Feeding Awareness for the Black Community
- · Mobile Care Center

#### **Additional Activities**

Child activity tables to include:

- · Color and crafts.
- · Reading to children
- · Giant Games for kids to play.
- · Face painting and glitter tattoo

#### **Health Screenings**

- · Blood Glucose
- · Blood Pressure
- · BMI
- · Cholesterol
- · Waist Circumference
- · FNT
- · HIV/AIDS
- ·HPV
- · Head & Neck Cancer
- ·STD
- ·STI

#### **ELM STREET** FOOD **TRUCKS**

**Best Thing Smokin'** 

Kona Ice

Daizie's Dillas

**Sweet Jazz Treats** Smoothie Cafe 513

**PretzelFuls** 

Wayne's Wings

#### HEALTH **SCREENING** VANS

#### **ELM STREET**

**Equitas** 

Mercy Health TriHealth

#### **12TH STREET**

513 Relief Bus

Hoxworth Blood Center

**Medic Unit** 

Momentum Refresh Van

#### RACE STREET

CCHMC Mobile Unit

NAACP Voter Registration Van

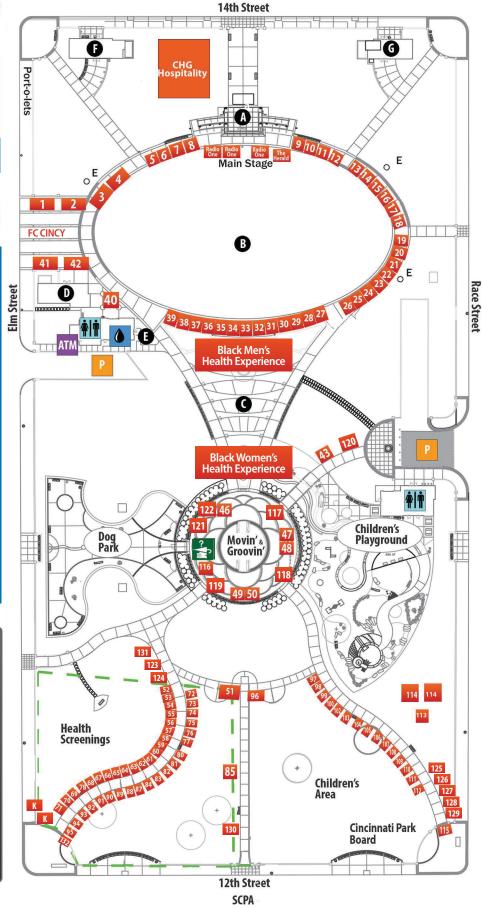
**CFD Smoke House** 

#### **SCPA**

**HIV/HPV** Testing STD/STI Testing

A Main Stage B Civic Lawn C Water Park D Garage Lobby **E** Security F Garage Lobby G Garage Lobby Lost & Found **Water** Rest Area ATM ATM Machine

Parking Entrance



# MAP KEY & ADDITIONAL INFORMATION

#### **Food Trucks**

- Elm Street 513 Smoothie Cafe
- Best Thing Smokin' Food Truck Elm Street
- Elm Street Daizie's Dillas Food Truck
- Elm Street Kona Ice Food Truck
- Pretzful Food Truck Flm Street
- Sweet Jazz Treats Bakery Elm Street
- Elm Street Wayne's Wings

#### **Parking/ Street Assignments**

- Race Street Cincinnati Children's Hospital Elm Street Equitas Health
- Mercy Health Elm Street Elm Street TriHealth
- Hoxworth Blood Center, 12th Street
- University of Cincinnati

  12th Street Hamilton County Developmental
  Disabilities Services Momentum
- 12th Street Hamilton County BOCC 513 Relief Race Street Cincinnati NAACP
- Race Street Smoke House
- 12th Street Medic Unit

#### **Main Stage Area**

- FC Cincinnati (Truck) FC Cincinnati (Tent)
- 3 Humana
- Humana
- Molina Health Care
- Molina Health Care
- Center for Closing the Health Gap Center for Closing the Health Gap
- U.S. Bank
- U.S. Bank

  - Stage Radio One Stage Radio One Stage Radio One
  - Stage Cincinnati Herald
- Council on Aging of Southwestern Ohio Council on Aging of Southwestern Ohio
- 11 P&G Vicks
- P&G Vicks 12 13
- Velocity
- Freestore Foodbank 14
- The Urban League of Greater Southwestern Ohio 15
- African American Chamber of Commerce
- Alzheimer's Association -Greater Cincinnati Chapter
- 18
- American Cancer Society
  Cincinnati Children's Comprehensive 19 Sickle Cell Center
- Black Men's Think Tank
- 21 CareSource 22
- Cincinnati Music Festival AARP 23
- Cincinnati Public Schools Galen College of Nursing Cincinnati Public Schools 24 25
- 26
- (Moving Beyond Surviving)
- 27 Pink Eraser Project
- Down Syndrome Association of Greater Cincinnati

- Elevate MD
- A Sound Mind Counseling Services Kitabu Childrens Books
- 31
- Juice Plus+
- 33 True Shea
- 360 Total Care, LLC
- Hamilton County Community Action Agency National Council of Negro Women 35 36
- All American Gutter Protection 37
- 38 Ohio CBD Guy
- 39 (Open)
- 40 Greater Cincinnati Water Works
- 41 FC Cincinnati (Tent)
- 42 FC Cincinnati (Tent)

#### **Physical Fitness Area**

- The Christ Hospital Health Network
- 47 Movin & Groovin Phyllis 48
- Movin & Groovin Phyllis Cincinnati Recreation Commission Omega Phi Psi 49
- 50
- **Devoted Health**
- **Eastern Personnel Services**
- 118 Problem Gambling Coalition SW OH
- 119
- Mustard Seed Farm CSA 121
- Nurture Me Growth in different ways 122

#### Health Screening Area

- 123 Reach Me
- CABVI: Cincinnati Association for the Blind & Visually Impaired
- Mercy Health
- 53 Mercy Health
- 54 TriHealth
- 55 TriHealth
- AAEAPN: African American Ambassadors for Excellence in Advanced Practice Nursing Black Nurses Association LCD Agency Services Your Priority Healthcare 56
- 57
- 58
- 59
- Cancer Support Community Cincinnati Cancer Advisors 60
- 61
- (Via CPS Mammogram Party) Karen Wellington Foundation For LIVING with Breast Cancer 62
- Cris Collinsworth ProScan Fund 63
- 64 **UC Health**
- 65 Caracole
- 66 **Equitas Health**
- 67 Hamilton County Public Health
- University Of Cincinnati
  Department Of Emergency Medicine
  Compress CPR Training
- 69 70 National Kidney Foundation
- 71 LifeCenter Organ Donor Network
- Κ Kroger
- 72 Cincinnati Medical Association (Ask the Doctor)
- PreventionFIRST! 73
- Urban Minority Alcoholism and Drug Abuse Outreach Program (UMADAOP) of Cincinnati
- 75 UCBA Dental Hygiene
- A Better You Counseling

- HealthTree Foundation for Multiple Myeloma
- 78
- Charis Health and Chiropractic
  Cincinnati Association of Black Psychologists 80
- 81 Massive Mental Health Service
- 82 83
- Cultivating Mind LLC.
  Uniquely Centered Therapeutic Service, LLC
- The Crossroads Center Volunteers of America 84
- 87
- The Health Experiences 88
- Angels on Earth Home Care LLC 89
  - **Dedicated Senior Medical Center** Gentle Touch Home Care
- Serving Older Adults Through Changing Times
- 93 Arden Court Promedica Memory Care
- Oak Street Health 94
- Health Care Access Now 95
- 132 AKA Sigma Omega

#### Children's Area

- 97 Act Early Ohio
- 98 Amerihealth Caritas Ohio
- 99 Anthem
- 100 **Beech Acres Parenting Center**
- 102 NYAP (National Youth Advocate Program)
- 103
- 104
- 105
- Best Behavioral Health Butterfly Support Services Theraplay Group Higher Learning With Greatness 106
  - Family Child Care
- 107 108
- 109
- Head Start
  BYOC Camps & Clubs
  Zeta Phi Beta Sorority
  Incorporated Beta Zeta Zeta Chapter
  (Stork's Nest)
- 110
- Secure Your Gold (Literacy & Movement on the Rise)
- High Maintenance PHC LLC
- 112 Seven Hills
- 113 Cincinnati Children's Hospital 114 Cincinnati Children's Hospital 114 Cincinnati Children's Hospital
- AKA Sigma Omega 115
- 125 Peach Tree Advocacy 126 **ProKids**
- 127 Superseeds
- The Greater New Hope Missionary Baptist Church (TGNHMBC) Prevention Youth Coalition 128
- 129 Bootsy Collins Foundation

# **Other Areas**

- AKA Sigma Omega The Candace Bates State Farm Agency
- 120 Felicia Beckham 51
- 96 AKA Sigma Omega - Form Turn In 85
- P&G Vicks Product 130 Medic Tent

#### 131 Easley Tent **SCPA**

- Caracole **Equitas Health**
- University Of Cincinnati
- Department Of Emergency Medicine

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**Special Thanks** 

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Project IMPACT

Cincinnati Police Department Cincinnati Fire Department Cincinnati Health Department Arts & Education Experience

Alpha Kappa Alpha, Sigma Omega Chapter Bootsy Collins Foundation Ohio Department of Health

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ColorNine

Community Action Agency