



WE MUST SAVE US™

Saturday, April 25, 2026 | 10 a.m.- 5 p.m.

Washington Park, 1230 Elm St, Cincinnati, OH 45202

2026 HEALTH EXPO

Thank you to our sponsors!

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Welcome to the 2026 Health Expo at Washington Park!

For more than two decades, we have come together as a community to celebrate, support and strengthen our collective health. What began as a shared commitment to addressing health disparities has grown into a powerful movement, one rooted in connection, education and action. At the Center for Closing the Health Gap, we remain dedicated to engaging, empowering and advocating for every individual and family we serve.

Today is about you. It's about taking steps toward a healthier future. Throughout the Expo, you'll find free health screenings, interactive fitness experiences, cooking demonstrations, mental wellness resources, family-friendly activities and opportunities to connect with advocates committed to your well-being.

We are grateful to our sponsors, exhibitors, volunteers and community partners who make this day possible. Join us as we continue this journey together!

Sincerely,

Renee Mahaffey Harris
President & CEO,
Closing the Health Gap

WE MUST SAVE US!

SCHEDULES

We Must Save Us – Main Stage

8:45 AM	Run Club	1 hr	Running is Player
10:00 AM	Strong Sculpted & Still Soft Pilates x Beauty – Sponsored by Cream & Sugar Coffeehouse	1 hr	Morgan Owens & Dr. Shomo
11:00 AM	IMEC Combine – Sponsored by Interact for Health	1.5 hr	Former Bengals Ickey Woods and Joe Kelly w/Kelly Youth Services
1:00 PM	CEO PODCAST – Sponsored by Molina & Network for Hope	1 hr	Network of Hope/Molina
2:00 PM	Mind Over Masterpiece – Sponsored by Trihealth/Bi3	1 hr	Trihealth/Bi3
3:00 PM	Dance, Dance, Dance, Combine	1 hr	Central State University Dancing Bells and FRDT Cincinnati
4:00 PM	PLOT to Purpose	1.5 hr	The sororities and fraternities community gives back!

Move Right Pavilion

10:00 AM	Stronger Together – Total Body Experience: Strength, Cardio, Mobility Training – Build Confidence	45 mins	Total Training Services LLC
11:00 AM	Chosen Fit: Stronger Together – Strength, Cardio and Mobility Training	30 mins	Denham Miller and Dr. Mya P. Miller
11:00 AM	30 Minute “Body Refresher” Cardio and Stretch Session	30 mins	Brozia and Renee Joiner
11:30 AM	Metro Cincinnati Dance Association - Line Dancing	30 mins	Jenis Brassell
1:00 PM	Breath Work & Meditation	30 mins	Blu Cauthen
1:30 PM	“Hoop Vibes”	30 mins	Pamela Carter
2:00 PM	Weight of Faith – Community Led Workout	30 mins	Phyllis and Lyla
2:30 PM	Workout (Glutes & Legs)	30 mins	Martasha Colvin
3:00 PM	Cynsational Fitness	30 mins	Cynthia Mobley
3:30 PM	Dance/Hip Hop: Fitness	30 mins	Jackiedra Wilson
4:00 PM	Event Ends	30 mins	

Eat Right Pavilion

10:30 AM	Cooking Demonstration	1 hr	Stephanie Jackson
11:00 AM	Cooking Demonstration	30 mins	Daphene Baines
11:30 AM	Cooking Demonstration	30 mins	Stephanie Jackson
12:00 PM	Healthy Meal Prep - Lean Kitchen	1 hr	Sonjay Jones
1:00 PM	Cooking Demonstration	30 mins	Rotunda
1:30 PM	Cooking Demonstration	30 mins	Stephanie Jackson
2:00 PM	Juices	1 hr	Juicing w/ Kiki
3:00 PM	Nutrition Education	1 hr	Overeaters Anonymous

Live Right Pavilion

Black Women’s Health Movement	All day	Drive heart health awareness
Mental Health Services	All day	Mental Health Sessions: Black Psychologist (ABPsi)
Body and Hair Oil	All day	Meliora Aura
Chiropractic Care	All day	Urgent Care Chiropractor – Mt. Auburn
Free B12 Shots (limited amount)	Every hour	Plush IV Therapy – Brandi
Free Turmeric/Ginger Shots	All day	Juicing with Kiwi

Cincinnati Children’s Pavilion

Kids Fun and Games	All day	Cincinnati Children’s Hospital
Kids Free Screenings:	All day	Cincinnati Children’s Hospital
• T1D (type 1 diabetes)	All day	Cincinnati Children’s Hospital
• BMI (body mass index)	All day	Cincinnati Children’s Hospital
• Vision	All day	Cincinnati Children’s Hospital
• Hearing	All day	Cincinnati Children’s Hospital
• Sports Physical	All day	Cincinnati Children’s Hospital
Chess Tournament	12:30 PM	Lets Get It Productions

**Three phones.
Three lifelines.
One Truth:
Help is just
a call away**

911

For emergencies that need sirens, speed, and split-second decisions

988

For mental health crisis, emotional support, and suicide prevention

211

For everyday struggles: housing, food, bills, and finding local resources

MAP

Map Key

- A** Main Stage
- B** Civic Lawn
- C** Water Park
- D** Garage Lobby
- E** Security
- F** Garage Lobby
- G** Garage Lobby
- Lost & Found
- Water
- Rest Area
- ATM Machine
- P** Parking Entrance

Food Trucks

- Juicing with KIKI
- Best Thing Smoking
- Kona Ice
- Daizie's Dillas
- NAACP Mobile Unit

Health Screening Vans

- Hoxworth
- Metro Bus
- Medic Unit
- Children's Hospital Mobile Unit

HEALTH SCREENINGS

Adult Health Screenings

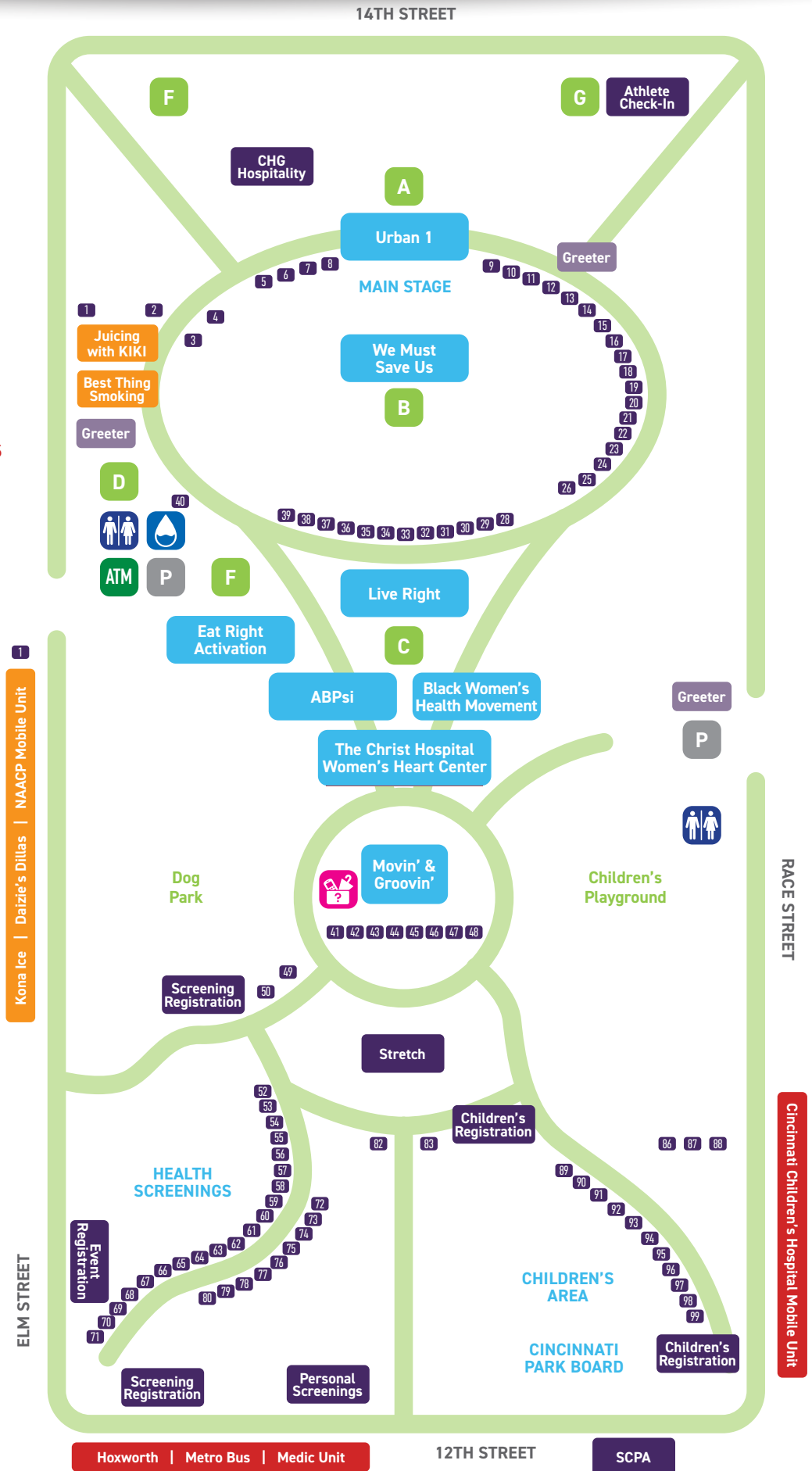
- Blood Pressure
- Body Mass Index
- Waist Circumference
- Cholesterol (mg/dl)
- Mammography
- COVID-19 vaccine
- Glucose
- Lung Cancer
- Throat & Neck Cancer
- Peripheral Arterial Disease
- Fall Risk Assessment
- Behavioral Health
- Prostrate Screening
- Anemia Screening
- Spinal Screenings
- HIV/AIDS
- Colon Screening
- Vision

Child Health Screenings

- Vision
- Hearing
- Speech
- Type 1 Diabetes
- Body Mass Index
- Sports Physical

Health Education

- Ask the Doctor
- Stop the bleed
- Women's Services
- Fire Prevention
- Organ Donation Awareness
- Black Men in Medicine
- Oral Health Education
- Mental Health Education
- Smoking Cessation
- Primary Care Information
- Chiropractor
- HIV/AIDS Support
- Cancer Support Services
- Medicare/Medicaid Services
- On Demand Urgent Care In Home
- Breastfeeding Education
- Social Services/Community Health Workers



MAP KEY & ADDITIONAL INFORMATION

We Must Save Us

- 1 Food trucks
- 2 Humana
- 3 Network for Hope
- 4 Molina Healthcare
- 5 Closing the Health Gap
- 6 Closing the Health Gap
- 7 Closing the Health Gap
- 8 US Bank
- 9 IMEC

Stage Urban 1

- 10 Freestore Foodbank
- 11 Anthem
- 12 Urban League of Greater Cincinnati
- 13 NAACP
- 14 LCD Agency
- 15 Resourceful Women LLC
- 16 Resourceful Women LLC
- 17 Father's Uplift
- 18 Cincinnati Medical Association
- 19 CABVI Cincinnati Association for the Blind & Visually Impaired
- 20 Hamilton County Developmental Disabilities Services
- 21 Down Syndrome Association of Greater Cincinnati
- 22 Wave Wellness
- 23 Uzima Rejuvenation Station
- 24 CareSource
- 25 Public Allies Cincinnati
- 28 LULAC
- 29 Sanofi
- 30 Cornerstone Integrated Health
- 31 360 Total Care
- 32 Morris Helping Hands, Home health agency
- 33 Talbert House
- 34 Margaret's Heart Senior Day Center
- 35 Eastern Personnel
- 36 Hamilton County Community Action Agency
- 37 Best Point Education and Behavioral Health

- 38 Mahogany Home Health and Hospice
- 39 Council on Aging
- 39 SOAC
- 40 Kroger Pharmacy

Movin' and Groovin'

- 41 Bo's Tractor Works
- 42 Denim On Denim By PJ
- 43 All American Gutter Protection
- 44 AW Press
- 45 Power Home Remodeling
- 46 Naudi Weighs
- 47 Cincinnati Overeaters Anonymous
- 48 Booman Juicing
- 49 Lean Kitchen
- 50 Arbonne
- 51 Screening Registration

Screeners

- 52 TriHealth
- 53 TriHealth
- 54 Bi3
- 55 UMADAOP of Cincinnati
- 56 Cincinnati Fragile X Research and Treatment Center
- 57 Mt. Auburn Urgent Care
- 58 Mt. Auburn Urgent Care
- 59 UC Health-Early Intervention Program
- 60 UC Health
- 61 UC Health
- 62 UC Health
- 63 UC Health
- 64 Cincinnati Cancer Advisors
- 65 Fortrea/BMS
- 66 Love In Home Health
- 67 Cris Collinsworth ProScan Fund
- 68 Cancer Support Community
- 69 BitCure Mindful Health
- 70 Massive Mental Health Services
- 71 Cultivating Mind LLC
- 72 360 Total Care
- 73 Nurses of All Shades
- 74 Nurses of All Shades

- 75 Mercy Health
- 76 Mercy Health
- 77 Mercy Health
- 78 Network for Hope
- 79 Caracole
- 80 Hoxworth Blood Center
- 82 Ask the Doctor
- 83 Ask a Pharmacist

Cincinnati Children's Health Screenings

- 86 Cincinnati Children's Hospital
- 87 Cincinnati Children's Hospital
- 88 Cincinnati Children's Hospital
- 89 Butterfly Support Services
- 90 Patty Superheroes
- 91 BYOC Camps and Clubs
- 92 1N5
- 93 GLAD House
- 94 Community Action Agency/Head Start
- 95 Peach Tree Advocacy
- 96 KidsThrive
- 97 REVIVE Nonprofit
- 98 Trayonna Barnes Books
- 99 Lets Get it Productions
- 101 Children's Registration

Live Right

Black Women's Health Movement
Mental Health sessions:
Black Psychologist (ABPsi)
Juicing with Kiwi
Meliora Aura
Plush Hydration
Mt. Auburn Chiropractor

The Christ Hospital Women's Heart Center

SCPA

- Caracole
- University Of Cincinnati Department Of Emergency Medicine

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Scan the QR code to access the Health Expo page with the event guide, map, screenings, schedules and more!

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